

Alzheimer's & Dementia Services



Support & Education Groups

ADS offers seven (7) caregivers' support groups.

Kennedy Park Center
4585 Raleigh LaGrange Road
(in Kennedy Park)
Memphis, TN. 38128

Second Tuesday of every month
Spouse Support Group
3:00 - 4:00 p.m.

Third Tuesday of every month
"Coping with Caring"
Educational Topics
4:30 - 5:30 p.m.

See CARELINES or call for monthly
topic and presenter.

**Fourth Wednesday of every
month**
General Support Group
4:30 - 5:30p.m.

Dorothy's Place
3185 Hickory Hill Road
(near Knight Arnold)
Memphis, TN. 38115

Second Thursday of every month
"Coping with Caring"
Educational Topics
4:30 - 5:30 p.m.

See CARELINES or call for monthly
topic and presenter.

Third Thursday of every month
General Support Group
4:30 - 5:30p.m.

Care is provided free of charge while caregivers attend these groups.

** All support and educational groups are open to the public, free and it is not necessary to be enrolled in the program at ADS.



Yad I'Yad Support Group
In collaboration with Fogelman Jewish Family Service
Jewish Community Center, 6560 Poplar Ave.
Third Tuesday of the month at 7:00 pm.
Contact Adina to confirm dates and times
asamberg@adsmemphis.org; 901-372-4585
Made possible by a generous Fedovation Impact
Grant from Memphis Jewish Federation



For more information, directions and to confirm dates,
call **(901) 372-4585** or email info@adsmemphis.org



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2020 A.D.S. SUPPORT GROUP DATES

Kennedy Park Center

Dorothy's Place

Spouse Support

SECOND Tuesday of the month
3:00 - 4:00 p.m.

Jan	14	Feb	11	
Mar	10	Apr	14	
May	12	Jun	9	
Jul	14	Aug	11	
Sep	8	Oct	13	
*Nov	No SG due to ADS Caregiver Conference		Dec	8

Coping with Caring (CC)

THIRD Tuesday of the month
4:30 - 5:30 p.m.

Jan	21	Feb	18
Mar	17	Apr	21
May	19	Jun	16
Jul	21	Aug	18
Sep	15	Oct	20
Dec	15		

General Support Group

FOURTH Wednesday of the month
4:30 - 5:30 p.m.

Jan	22	Feb	26
Mar	25	Apr	22
May	27	Jun	24
Jul	22	Aug	26
Sep	23	Oct	28

No KP General Support Group
in Nov and Dec due to holidays

Coping with Caring (CC)

SECOND Thursday of the month
4:30 - 5:30 p.m.

Jan	9	Feb	13
Mar	12	Apr	9
May	14	Jun	11
Jul	9	Aug	13
Sep	10	Oct	8
		Dec	10

No November Coping with Caring Sessions
due to the ADS
Caregiver Conference on Nov 10, 2020.
Look out for details.

General Support Group

THIRD Thursday of the month
4:30 - 5:30 p.m.

Jan	16	Feb	20
Mar	19	Apr	16
May	21	Jun	18
Jul	16	Aug	20
Sep	17	Oct	15
Nov	19	Dec	17

Always call 372-4585 to confirm date, time and location.

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